

WORTHING SWIMMING CLUB

(Affiliated to ASA South East Region)

CHAMPIONSHIPS – 2011

(Under ASA Laws and ASA Technical Rules)

GALA 1 – Saturday 1st October 2011, Aquarena.
GALA 2 – Saturday 22nd October 2011, Aquarena.

Doors open – 6.15pm

Warm up – 6.30pm

Start – 7.00pm

ENTRY FORMS AVAILABLE FROM THE CLUB SHOP

CLOSING DATE FOR ENTRIES – Thursday 22nd September 2011

- Age Groups – 8/Under, 9,10,11,12,13,14,15,16,17,18+ yrs.
- Events – 33.33m Freestyle, Backstroke, Breaststroke, Butterfly (8yrs/Under). 100m Freestyle, Backstroke, Breaststroke, Butterfly (All other age groups).
- Awards will be presented, at the Championship Presentation, to the first 6 swimmers in each age group for all events.
- Points will be awarded to swimmers in the 9yrs age group, for each event, and the Heasman Construction trophies presented to the Girl and Boy who achieve the highest number of points.
- Championship Presentation – Saturday 3rd December 2011 at the Thomas Beecham Club, Dominion Way, Worthing. Further details will be available on the Club notice boards and website.
- **Remember** – The Championships are not for gala squad swimmers only. It is open to all members of the Club, including those in the width classes and learner pool. Your instructor can give you advice on which events to enter.
- Keep a record of gala dates, events entered and times of galas.
- For any further information please see Peter McCallum or Rob Drage.

worthingswimmingclub.org