

Worthing Swimming Club

ASA Awards Times

STROKE	SHORT COURSE (25m or 33.3m Pool)							
	SPRINT					MIDDLE DISTANCE		DISTANCE
	25m	33.3m	50m	66.6m	100m	200m	400m	400m
Backstroke								
Bronze	00:24:70	00:34:20	00:54:50	01:13:00	01:56:00	04:11:10	N/A	N/A
Silver	00:21:50	00:29:80	00:47:50	01:03:70	01:41:40	03:39:40	N/A	N/A
Gold	00:19:60	00:27:20	00:43:00	00:58:00	01:32:00	03:19:40	N/A	N/A
Platinum	N/A	N/A	N/A	N/A	01:25:50	03:05:00	N/A	N/A
Breaststroke								
Bronze	00:27:20	00:38:00	01:00:40	01:23:00	02:21:00	04:40:40	N/A	N/A
Silver	00:23:80	00:33:20	00:52:70	01:12:50	01:55:40	04:05:00	N/A	N/A
Gold	00:21:70	00:30:20	00:48:00	01:05:90	01:44:80	03:42:60	N/A	N/A
Platinum	N/A	N/A	N/A	N/A	01:37:30	03:26:60	N/A	N/A
Butterfly								
Bronze	00:23:20	00:32:50	00:52:40	01:10:80	01:53:80	04:09:20	N/A	N/A
Silver	00:20:30	00:28:50	00:45:70	01:01:90	01:39:40	03:37:70	N/A	N/A
Gold	00:18:50	00:25:80	00:41:50	00:56:20	01:30:40	03:17:80	N/A	N/A
Platinum	N/A	N/A	N/A	N/A	01:23:90	03:03:70	N/A	N/A
Freestyle								
Bronze	00:21:00	00:29:20	00:47:00	01:05:10	01:44:30	03:49:90	08:04:70	N/A
Silver	00:18:30	00:25:60	00:41:00	00:56:90	01:31:00	03:20:80	07:03:50	N/A
Gold	00:16:70	00:23:50	00:37:20	00:51:70	01:22:80	03:02:40	06:24:70	N/A
Platinum	N/A	N/A	N/A	N/A	01:16:90	02:49:40	05:57:20	N/A
Ind.Medley					4x25m	4x50m		4x100m
Bronze	N/A	N/A	N/A	N/A	01:58:60	04:17:20	N/A	09:03:70
Silver	N/A	N/A	N/A	N/A	01:43:60	03:44:60	N/A	07:55:00
Gold	N/A	N/A	N/A	N/A	01:34:10	03:24:10	N/A	07:11:50
Platinum	N/A	N/A	N/A	N/A	N/A	03:09:50	N/A	06:40:60

Swimmers Name _____

Prices Per Badge £1.75 Flash £0.75

Event	Stroke	Distance	Time	Badges Req'd		
				Flash	Badge	
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	Badges Required _____ @ £1-75each=
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	Flashes Required _____ @ £0-75each=
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	Total Amount Payable

Authorised By _____