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# Worthing Swimming Club

Winter Newsletter 2011

[worthingswimmingclub.org](http://worthingswimmingclub.org)

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## Swimming Leagues

Worthing finished in 2<sup>nd</sup> place in this year's Sussex League, earning promotion to Division 1 for the 2012 season, narrowly missing out on winning the division 2 title to Hastings Seagull.

The Rother league finished in September and Worthing also finished 2<sup>nd</sup> in Division 2. 2012 will see Worthing in the highest division of this Development League.

The Arena National Swimming League, is fiercely contested every year and with 1 gala to go on the 10<sup>th</sup> December, Worthing look set to finish mid table in South West Division 2, so retain position in this league. All eyes will be on the Autumn of 2012, where promotion would be ideally timed to coincide with the new pool in 2013.

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## Twitter

The Club will be making regular Twitter updates throughout 2012 to inform

you of the Club's latest news, including news bulletins such as any pool closures, as well as celebrating the Clubs many successes, as they happen. Please follow @worthingsc.

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## Water Polo

Another Fantastic Year!!

Worthing had a successful debut in Division 3 of the British Water Polo League. Worthing are now ranked 18th in Britain, a brilliant achievement that everyone involved can be very proud of! (Too many to mention)

This was in addition to a 100% record in the South East Region competition and retention of the Sussex Senior Knockout competition.

For more information on all of the teams successes please see our website or [www.bwpl.org](http://www.bwpl.org) for full details of the National League. Good luck in 2012 and watch out for the Water Polo action in the Olympics.

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## Diving

### Worthing's Successful Divers



Liz, Chloe and Joe.

The final County Diving competition of 2011 was held at the Aquarena in November.

Chloe Collins won the girls under 17 competition at 1 metre, whilst Joe Hazeldine won the boys event.

Joe also won the open 1 metre and the boys under 17, 3 metre Titles. Liz Fairs won the Ladies Titles at both 1 and 3 metres.

Well done to all those that participated in the 3 County competitions in 2011.

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## Open Meets & Counties

Well Done to everyone that has attended Open Meets in 2011. Attendance at these competitions is important for a swimmers development, so every competitive swimmer should consider entering 1 or 2 open meets in 2012.

They provide vital feedback on a swimmers progress to both the swimmer, their parents and most importantly our coaching team, as well as being a good social event.

Finally, these are licensed galas, so are ideal for achieving County and Regional Times. Early in 2012 there are 2 open meets, 1 at Arun Leisure Centre and 1 in Brighton. Please see Karen Wardley for entry details.

To enter the County Championships, you must have a licenced time. The Club's recent championships have been licenced for this purpose but the Age Groups earlier in 2011 did not count.

If you have achieved a County time, you will be receiving an entry form for the County Championships. For further details, or if you have any queries, please see Chris Luesley, Swimming Secretary.

You may be asked to swim in a relay at the Counties, please try to be available for this.

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## Boys and Girls Captains



Joe Hazeldine, Laura Joseph and Head Coach, Nic Piper.

The Club's Boys Captain for 2011 is Joe Hazeldine. Joe has been a Club member for 8 years and represents Worthing, not only in Competitive Swimming, but also in Water Polo and Diving.

Our Girls Captain is Laura Joseph who has been a Club member for 11 years and represents Worthing in competitive Swimming and Water Polo.

Look out for your Captains on poolside at Club Competitions and probably in the pool during training sessions.

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## Masters Swimming

If you're over 18 and interested in swimming, please see Chris Luesley about opportunities available to you for training and competing. It would be nice to see Worthing competing in the relays at Masters galas. Any age and ability welcome, it's a good time to get fit, it's Olympics Year - 2012.

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## Mini Calendar

10th December - National League - Basingstoke.

11th December - 1500 Metres Open Championships.

12th December - Last Swim Session of 2011 at Lancing.

14th December - No Swimming at Wadurs - Pantomime.

15th December - Fun Night - Aquarena - Last Night of 2011.

18th December - Last Sunday Session of 2011.

3rd January - 1st Session of New Year - Aquarena.

Look out for the full calendar of Club Activities for 2012, released soon.

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## Club Helpers

Officiating, administration, Teaching and Coaching, all help is always welcomed within the Club. If you think you can help, please speak to Chris Luesley or Peter McCallum. Full support is provided by the Club in helping you to help us.

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## Future Newsletters

A Newsletter will be released on a regular basis in the New Year. If you have any ideas, or news articles that you would like to see in the next edition, please speak to Chris Luesley, Newsletter Editor.

On behalf of Worthing Swimming Club -  
Merry Christmas and Happy New Year.