

Worthing Swimming Club. Press release 30th Nov 2009

"Another medal haul for Worthing swimmers"

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Six Worthing swimming club members attended an ASA open meet at "The Herons" swimming complex in Haslemere Surrey during the weekend of 28th/29th November.

The early start on each day leaving Worthing at 6am, driving through the torrential rain, fallen trees and storm debris was well worth it. The swimmers achieved a total of 11 gold medals from just 26 races, producing some very good personal best times in the process.

It was probably one of the strongest teams that Worthing had sent to Haslemere for many a year with swimmers ranked in the top three of the Sussex rankings.

Harry Burnell and Joe Hazeldine topped the medal haul with 4 gold medals each. Karen Chan, Alexander Cranford and Ben Goddard each scored 1 gold with impressive swims against some good opposition.

Joshua Harman performed magnificently and although not scoring any top three placings added valuable points to the Worthing team total.

Worthing swimming club are now looking forward to the final round of the Arena national swimming league at the Guildford Spectrum complex on 12th December.

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Yours in Swimming

"Dream, Plan, Reach"

Alan Burnell

Media Secretary

Worthing Swimming Club

web: www.worthingswimmingclub.org