

Worthing Swimming Club Press Release 06/12/2009

"Golden days for Worthing swimmers"

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Worthing swimming club (WSC) has recently been awarded the ASA "Swim21" accreditation for teaching. Swim 21 accreditation is a 'quality mark'. It recognises nationally and regionally the clubs that are committed to providing safe, effective and quality services for the benefit of their members.

The results of the excellent teaching being delivered at the WSC was clear for all to see on the 6th Dec 2009. Two teams of WSC swimmers competed at Littlehampton and Horsham in the "Advent" and "Christmas cracker" open meets.

From 24 events at Littlehampton the Worthing team of 17 swimmers scored 18 gold, 20 silver and 13 bronze medals. This was a fantastic achievement and real encouragement for the young swimmers in the team, some competing in their first open meet at the age of nine years!

At Horsham a smaller team of 6 experienced swimmers picked up a handful of gold medals to add to their haul of golds from the Haslemere open the weekend before. Wherever they compete these days the "green" WSC gala squad hats often pop up at the front.

Worthing water polo squad joined in the medal feast finishing in 3rd place in their national league debut season. Not to be out done by the swimming and water polo sections the Worthing divers grabbed all 6 gold medals at the recent Sussex county plain diving competition.

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Yours in Swimming

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"Dream, Plan, Reach"

Alan Burnell

Media Secretary

Worthing Swimming Club

web: [www.worthingswimmingclub.org](http://www.worthingswimmingclub.org)

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