

Attached picture of Karen Chan with trophies won in 2009

Worthing Swimming Club Press Release 20/01/2010

"Clean sweep for Karen during 2009"

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Worthing swimming club swimmer Karen Chan (13) can be very proud of her aquatic achievements in 2009. She won all 18 events available to her in the Club during the year and in doing so became the fastest female swimmer ever to cover 100m freestyle at the Aquarena. Not bad considering that in the past this honour has been afforded to Olympic finalists such as Angela Barnwell (Helsinki 1952).

Karens prowess in the backstroke event continues to dominate and she recorded event best times for the Worthing club championships in 100 and 200m events.

Karen trains seven days a week in pursuit of her swimming goals and in 2009 was selected to represent the Sussex county team at the Olympic pool in Sheffield. Karen is a quiet girl who goes about her swimming with a steely determination and purpose rarely seen in one still so young (just 13 years of age).

Will Worthing claim Olympic honours this decade? If anyone can Karen Chan can!

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Yours in Swimming

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"Dream, Plan, Reach"

Alan Burnell

Media Secretary

Worthing Swimming Club

web: [www.worthingswimmingclub.org](http://www.worthingswimmingclub.org)

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