

Worthing Swimming Club Press Release 24/01/2010

"Worthing swimmers scale new heights"

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Worthing swimming club produced more great performances this weekend across the south east region. A small team of swimmers attended the Portsmouth Northsea national entry meet on both days whilst the full Worthing gala squad travelled to Haywards Heath for the Sussex League gala round 1 on saturday night.

The Worthing "green army" gala squad gave the top teams of Crawley and East Grinstead a shock by winning eight of the fifty events. Harry Burnell (11) and Joe Hazeldine (13) produced the most memorable race of the night finishing first and second respectively in the under 14's 50m freestyle. Joe also went onto record a club record in 100m individual medley, not bad considering Joe was in action in Portsmouth in the 1500m freestyle just hours earlier!

The boys under 14 relay squad also won the freestyle event. This was the most predictable result of the evening as this was the same relay team that won the Sussex county relays in 2009. Jacob Nash (11) was drafted into the medley relay team with Harry Burnell, Ben Goddard and Nathan Jones, a smart decision by head coach Nic Piper as they won this event also.

On sunday the Burnell brothers Archy and Harry, Ben Goddard and Joe Hazeldine travelled again to Portsmouth Northsea to the new Olympic 50m pool in the Mountbatten complex. Ben and Joe both Sussex squad members produced solid performances, picking up several medals between them. Harry "the fish" Burnell raced to a third place finish in the 100m freestyle in a top five national ranking time and picked up a further three medals to add to Worthings haul.

Archy Burnell (10) proved that miracles can sometimes happen when he produced a five second personal best in the 50m freestyle event to claim a Sussex county qualifying time.

Worthing swimming club host the Sussex League round 2 on saturday 30th January at the Aquarena.

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Yours in Swimming

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"Dream, Plan, Reach"

Alan Burnell

Media Secretary

Worthing Swimming Club

web: [www.worthingswimmingclub.org](http://www.worthingswimmingclub.org)