

Worthing Swimming Club Press Release 18/07/2010
Attached photo (left to right) Liz Fairs, Jacob Nash, Daisy Hazeldine,
Joe Hazeldine and Callum Long

"Splash and Dash for Worthing swimming club"

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Worthing swimming club hosted the Sussex County 1m and 3m diving competition at the Aquarena last week. The Worthing divers managed to keep the splash to a minimum whilst winning six of the eight events.

Diving coach of 24 years Hilary Wrighton commented "the training day spent in Southampton recently was excellent preparation and everyone benefited from the facilities. When I retire I would like to feel that diving will continue in Worthing with the facilities so deserving of these young divers and for all those on the diving waiting list at Worthing".

Worthing borough council is responsible for the new swimming complex being proposed, let's hope they get the facilities correct for the budding divers in the Worthing and greater Sussex area (the only other diving facility being at the K2 in Crawley).

Gold medalists in the 1m and 3m competition for Worthing were Callum Long and Liz Fairs. The brother and sister pair of Joe and Daisy Hazeldine both picked up a couple of silver and bronze medals each whilst Jacob Nash produced a credible third and fourth placing. Callum also a strong swimmer and gala squad member is really taking his diving seriously and these results confirm his improvement over the past six months.

Four Worthing swimmers cut a dash in the pool at the Quays in Southampton his weekend. It was a family affair with Sophie(11) and Amy Quach(15), Archy(10) and Harry Burnell(12) the sole representitives for Worthing at the Fareham Nomads summer open meet 2010.

Despite only competing in a small number of events over the weekend the four put Worthing in 27th place out of 30 clubs overall in the points tally, a magnificent achievement! Sophie produced an 11s PB in the 200m individual medley to finish a solid year of swimming and a testament to the excellent coaching provided by her father Hung Quach.

Archy produced a PB in his 200m medley but was subsequently disqualified for an incorrect turn. He did however accumulate some good points in his remaining four events for the team. Harry Burnell won two events in the 12 year boys catagory becoming the first ever Worthing 12 year old to swim 28s for the 50m freestyle.

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