

Worthing Swimming Club Press Release 09/07/2011:

Attached photo: (left to right)

Michelle Hepworth, Elliot Moore, Luke Moore, Ben Goddard, Charlie Hepworth, Nicholas Savill, Harleigh Goddard

Also attached is a photo of Luke Moore who came third in the boys 10 years BAGCAT.

“Worthing shows improvement at Haslemere”

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On Saturday the 9<sup>th</sup> and Sunday the 10<sup>th</sup> of July 2011 12 members of Worthing swimming club travelled to the Haslemere summer open meet to compete in various events. One of the swimmers Luke Moore has recently come third in the boys 10 years old BAGCAT at the Sussex county this year.

The days best swim was by far was by Nicholas Savill. Nicholas who started his Regional Qualifying campaign achieved personal bests in his Breaststroke by taking 14.61 seconds off his 200m time and 3.84 seconds in the 100m.

Overall Worthing won 10 firsts, 6 seconds and 3 thirds. This is a good achievement and shows improvement in the swimmers.

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Matthew Laker

Media Secretary

Worthing Swimming Club

Website: [www.worthingswimmingclub.org](http://www.worthingswimmingclub.org)