

Worthing Swimming Club Press Release 25/09/2011:

“Worthing's swimmers show what they can do”

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On Sunday the 25th of September, Worthing travelled to the Arun Leisure Centre to compete in Littlehampton Development Chaser open meet. This open meet is a chance for swimmers to improve their times and achieve County times for the County galas next year.

Elliott Moore showed, not only more experience, but delivered some fantastic times on the day especially the 100m Backstroke and in the 200m Freestyle. Archy Burnell, who looks stronger and stronger in the pool, and with the focus on the stroke can deliver very impressive times. Holly Stoner started the day off with by taking off 16 seconds in her 200m Freestyle, and then followed by Daisy Hazeldine in the same event who took off 9 seconds.

Michelle Hepworth took off a total of 21.53 seconds over the four races she competed in. This shows us how well she is doing at the moment.

There were many good swims and this was shown by the amount of medals won which showed what Worthing can do.

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