

Worthing Swimming Club Press Release 06/1/2013:

"Worthing Swimming Club starts 2013 off with a bang"

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Worthing Swimming Club had 29 swimmers in attendance at the splash into 2013 Open Meet, which was an ideal opportunity for swimmers to try and gain County Qualifying times for 2013, as one of their last chances and for others to get race experience as they start their swimming journey.

Worthing swimmers secured 56 personal bests on the day, by our young team of swimmers aged 9 to 14. The times swimmers achieve at this gala are licensed and count towards the Sussex County Championships 2013 and also gives a swimmer an idea of how they are progressing as well as highlighting areas for improvement, be it turns, starts, or technique.

Another 12 swims were in County Qualifying times in their respective age groups, not counting races in which swimmers had already achieved a time, but went faster today.

These were by:

Ellis Bubb 3, Jacob Nash 2, Holly Stoner 2, Ethan Burgess 1, Thomas Clark 1, Katie Davison 1, Lilly McCardle 1, Elliott Moore 1.

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