

Worthing Swimming Club Press Release 5/10/2013:

“Worthing's club championships go swimmingly well”

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On Saturday's 28th September and 5th October 2013, Worthing Swimming Club held their Club Championships at Splashpoint for the 1st time.

Our Championships are licensed at level 4 so that all times will be recorded on the ASA rankings and count towards qualifying for the 2014 County Championships. Personal bests were secured in 207 of the 261 swims over the 2 days.

As well as trying to gain personal bests and County Qualifying times, swimmers can also attempt to break Club event best times and Age Group records. 10 Event Best Times were broken with 4 of those being in Aged Club Records by the following swimmers:

Kimberly Griffith and Heidi Denyer both recorded 19.34 in an exciting 1st race of the Championships which is a new event best time in the Girls 8 & Under 25 metres freestyle. Michelle Hepworth broke the event best time in Girls 13 years 100 freestyle in 1.02.70 and in 100 Backstroke in 1.09.75.

In the Girls 13 years 100 Butterfly, Michelle broke the event best time and aged Club record in 1.12.43, a 4 second personal best. Joe Hazeldine got an event best time in Boys 16 years 100 Backstroke in 1.06.55 and in 100 Butterfly in 1.06.18.

In Boys 16 years 100 Breaststroke Joe got an event best time and aged Club record in 1.12.68. Ellis Bubb secured an event best time in Boys 16 years 100 Breaststroke in 1.13.03.

Caitlin Silk broke both the aged Club record and event best time for Girls 9 year olds 100 backstroke in 1.31.32. Archy Burnell secured aged Club record and event best time in Boys 13 Years 100 Butterfly in 1.09.98.

25 swims were in County Qualifying times in their respective age groups for next years County Championships. There were also a number of swims, which were very close to the times needed, so with a bit more training, these should be secured with just over 3 months of qualifying left.

Well done to all swimmers of all ages who swam in our Club Championships. Entries to our Club Open Championships in November and December are now open.

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