

Worthing Swimming Club

Individual Meet Results

SER BAGCAT Championships 30-May-09 to 14-Jun-09 [Ageup: 14/06/2009] LC Meters

Location: K2, Crawley

Worthing SC [WORS]

Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Karen Chan (13) G					
2:42.46L	F # 101E	Girls 13-13 200 IM	20	---	0.26
	35.16 1:17.05 2:04.34 2:42.46				
	(35.16) (41.89) (47.29) (38.12)				
1:14.48L	F # 116E	Girls 13-13 100 Back	10	---	2.88
	35.76 1:14.48				
	(35.76) (38.72)				
1:06.47L	F # 203E	Girls 13-13 100 Free	28	---	0.67
	31.50 1:06.47				
	(31.50) (34.97)				
2:40.27L	F # 206E	Girls 13-13 200 Back	8	---	3.37
	37.75 1:19.83 2:00.55 2:40.27				
	(37.75) (42.08) (40.72) (39.72)				
2:24.18L	F # 402E	Girls 13-13 200 Free	29	---	0.48
	32.82 1:09.25 1:46.03 2:24.18				
	(32.82) (36.43) (36.78) (38.15)				
Ben Goddard (11) B					
2:58.24L	F # 106C	Boys 11-11 200 Back	25	---	9.14
	41.67 1:26.13 2:13.74 2:58.24				
	(41.67) (44.46) (47.61) (44.50)				
6:15.05L	F # 114C	Boys 11-11 400 IM	14	---	-2.45
	43.18 1:33.61 2:21.79 3:08.22 4:01.22 4:53.55 5:35.65 6:15.05				
	(43.18) (50.43) (48.18) (46.43) (53.00) (52.33) (42.10) (39.40)				
1:21.67L	F # 216C	Boys 11-11 100 Back	15	---	0.17
	38.94 1:21.67				
	(38.94) (42.73)				
2:39.70L	F # 304C	Boys 11-11 200 Free	30	---	-1.80
	38.01 1:20.27 2:01.85 2:39.70				
	(38.01) (42.26) (41.58) (37.85)				
3:24.15L	F # 307C	Boys 11-11 200 Breast	11	---	3.95
	47.98 1:40.64 2:34.53 3:24.15				
	(47.98) (52.66) (53.89) (49.62)				
1:34.46L	F # 403C	Boys 11-11 100 Breast	8	---	0.86
	44.54 1:34.46				
	(44.54) (49.92)				
Joe Hazeldine (12) B					
1:08.00L	F # 103D	Boys 12-12 100 Free	28	---	1.30
	32.72 1:08.00				
	(32.72) (35.28)				
2:44.69L	F # 106D	Boys 12-12 200 Back	13	---	4.99
	38.14 1:20.87 2:02.89 2:44.69				
	(38.14) (42.73) (42.02) (41.80)				
5:41.39L	F # 114D	Boys 12-12 400 IM	9	---	0.29
	37.29 1:23.00 2:05.46 2:48.23 3:37.02 4:26.52 5:04.31 5:41.39				
	(37.29) (45.71) (42.46) (42.77) (48.79) (49.50) (37.79) (37.08)				
2:42.64L	F # 201D	Boys 12-12 200 IM	10	---	1.44
	36.44 1:18.32 2:05.90 2:42.64				
	(36.44) (41.88) (47.58) (36.74)				

Worthing Swimming Club

Individual Meet Results

SER BAGCAT Championships 30-May-09 to 14-Jun-09 [Ageup: 14/06/2009] LC Meters

Location: K2, Crawley

Worthing SC [WORS]

Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv			
1:18.05L	F # 205D	Boys 12-12 100 Fly	14	---	2.45			
	35.68	1:18.05						
	(35.68)	(42.37)						
5:02.63L	F # 214D	Boys 12-12 400 Free	16	---	2.63			
	34.04	1:12.62	1:50.86	2:30.24	3:08.70	3:48.29	4:26.10	5:02.63
	(34.04)	(38.58)	(38.24)	(39.38)	(38.46)	(39.59)	(37.81)	(36.53)
1:18.57L	F # 217D	Boys 12-12 100 Back	14	---	3.77			
	37.30	1:18.57						
	(37.30)	(41.27)						
19:59.26L	F # 301D	Mixed 12-12 1500 Free	9	---	23.96			
	34.60	1:13.07	1:52.47	2:31.34	3:10.92	3:50.46	4:30.91	5:10.66
	(34.60)	(38.47)	(39.40)	(38.87)	(39.58)	(39.54)	(40.45)	(39.75)
	5:50.74	6:30.94	7:11.74	7:51.68	8:32.06	9:13.09	9:52.79	10:32.47
	(40.08)	(40.20)	(40.80)	(39.94)	(40.38)	(41.03)	(39.70)	(39.68)
	11:13.49	11:52.97	12:34.12	13:15.17	13:55.66	14:35.91	15:16.75	15:57.73
	(41.02)	(39.48)	(41.15)	(41.05)	(40.49)	(40.25)	(40.84)	(40.98)
	16:38.29	17:20.09	18:01.21	18:41.54	19:20.99	19:59.26		
	(40.56)	(41.80)	(41.12)	(40.33)	(39.45)	(38.27)		
2:24.07L	F # 304D	Boys 12-12 200 Free	16	---	1.77			
	33.27	1:10.37	1:48.01	2:24.07				
	(33.27)	(37.10)	(37.64)	(36.06)				
3:01.88L	F # 307D	Boys 12-12 200 Breast	5	---	-0.92			
	41.22	1:28.19	2:15.03	3:01.88				
	(41.22)	(46.97)	(46.84)	(46.85)				
10:28.26L	F # 401D	Mixed 12-12 800 Free	8	---	8.36			
	34.42	1:11.92	1:50.53	2:29.07	3:08.47	3:47.76	4:27.95	5:07.89
	(34.42)	(37.50)	(38.61)	(38.54)	(39.40)	(39.29)	(40.19)	(39.94)
	5:48.67	6:29.56	7:10.10	7:49.51	8:31.14	9:10.79	9:51.43	10:28.26
	(40.78)	(40.89)	(40.54)	(39.41)	(41.63)	(39.65)	(40.64)	(36.83)
1:25.33L	F # 404D	Boys 12-12 100 Breast	6	---	1.23			
	40.53	1:25.33						
	(40.53)	(44.80)						
Rosie Scordoulis (10) G								
1:32.63L	F # 104B	Girls 10-10 100 Fly	9	---	-0.17			
	41.77	1:32.63						
	(41.77)	(50.86)						
3:25.96L	F # 308B	Girls 10-10 200 Fly	11	---	7.76			
	43.68	1:36.75	2:31.55	3:25.96				
	(43.68)	(53.07)	(54.80)	(54.41)				