

## Worthing Swimming Club

### Individual Meet Results

**Littlehampton SC Advent Open 2009 06-Dec-09 SC Meters**  
**Sanction: 3SE9445 Location: Arun Leisure Centre**  
**Worthing SC [WORS]**

Time	F/P/S	Event	Place	Points	Improv
<b>Archy Burnell (9) B</b>					
49.80S	S	F # 8A Boys 9-9 50 Breast	2	---	-5.64
1:43.17S	S	F # 12A Boys 9-9 100 IM	2	---	-2.47
		49.44 1:43.17 (49.44) (53.73)			
3:40.89S	S	F # 13A Boys 9-9 200 IM	2	---	-16.68
		50.38 1:47.58 2:26.70 3:40.89 (50.38) (57.20) (39.12) (1:14.19)			
48.06S	B	F # 15A Boys 9-9 50 Fly	2	---	-1.22
41.07S	B	F # 19A Boys 9-9 50 Free	3	---	-0.31
<b>Gemma Coulson (10) G</b>					
6:23.02S	G	F # 1B Girls 10-10 400 Free	1	---	1.52
		43.58 1:33.17 2:23.64 3:13.87 4:03.43 4:53.06 5:41.92 6:23.02 (43.58) (49.59) (50.47) (50.23) (49.56) (49.63) (48.86) (41.10)			
48.30S	B	F # 5B Girls 10-10 50 Fly	5	---	-0.15
37.25S	S	F # 9B Girls 10-10 50 Free	1	---	0.25
1:23.59S	S	F # 16A Girls 10-10 100 Free	2	---	3.25
		41.26 1:23.59 (41.26) (42.33)			
55.95S	B	F # 18B Girls 10-10 50 Breast	4	---	3.15
1:42.06S	S	F # 22B Girls 10-10 100 IM	4	---	2.54
		50.44 1:42.06 (50.44) (51.62)			
<b>Eleanor Culverhouse (11) G</b>					
45.31S	S	F # 5C Girls 11-11 50 Fly	3	---	-8.44
39.18S	S	F # 9C Girls 11-11 50 Free	5	---	-0.28
1:41.79S	G	F # 11B Girls 11-11 100 Breast	5	---	-1.41
		49.33 1:41.79 (49.33) (52.46)			
42.34S	G	F # 14C Girls 11-11 50 Back	3	---	-8.17
47.28S	G	F # 18C Girls 11-11 50 Breast	2	---	-1.53
<b>Ben Curtis (10) B</b>					
52.68S	B	F # 4B Boys 10-10 50 Back	8	---	2.63
56.41S	B	F # 8B Boys 10-10 50 Breast	7	---	-1.04
1:49.28S	B	F # 12B Boys 10-10 100 IM	7	---	6.15
		53.77 1:49.28 (53.77) (55.51)			
DQ		F # 13B Boys 10-10 200 IM	---	---	---
		54.11 1:54.87 3:00.92 (54.11) (1:00.76) (1:06.05) (1:80.92)			
DQ		F # 15B Boys 10-10 50 Fly	---	---	---
44.73S	B	F # 19B Boys 10-10 50 Free	9	---	0.77
<b>Jodie Curtis (11) G</b>					
3:25.52S	S	F # 3C Girls 11-11 200 IM	6	---	0.68
		51.28 1:42.26 2:38.93 3:25.52 (51.28) (50.98) (56.67) (46.59)			
1:32.22S	S	F # 7B Girls 11-11 100 Back	4	---	-1.94
		45.70 1:32.22 (45.70) (46.52)			

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1:45.06S	S	F # 11B Girls 11-11 100 Breast 50.30 1:45.06 (50.30) (54.76)	6	---	10.70
1:24.31S	S	F # 16B Girls 11-11 100 Free 40.29 1:24.31 (40.29) (44.02)	7	---	3.01
1:50.42S	B	F # 20B Girls 11-11 100 Fly 50.02 1:50.42 (50.02) (1:00.40)	2	---	3.30
1:40.15S	S	F # 22C Girls 11-11 100 IM 50.09 1:40.15 (50.09) (50.06)	8	---	5.12
<b>Harleigh Goddard (13) G</b>					
39.41S	G	F # 5E Girls 13-13 50 Fly	3	---	-5.75
1:29.75S	G	F # 7D Girls 13-13 100 Back 1:29.75 (0.00) (0.00) (1:29.75)	6	---	1.52
36.75S	G	F # 9E Girls 13-13 50 Free	6	---	-1.86
41.31S	G	F # 14E Girls 13-13 50 Back	4	---	-0.51
1:22.66S	G	F # 16D Girls 13-13 100 Free 39.09 1:22.66 (39.09) (43.57)	7	---	0.80
1:29.79S	G	F # 22E Girls 13-13 100 IM 42.49 1:29.79 (42.49) (47.30)	4	---	-1.23
<b>Joshua Harman (11) B</b>					
41.65S	G	F # 4C Boys 11-11 50 Back	3	---	1.62
1:20.95S	G	F # 6A Boys 11-11 100 Free 39.08 1:20.95 (39.08) (41.87)	3	---	0.45
1:30.27S	G	F # 12C Boys 11-11 100 IM 42.06 1:30.27 (42.06) (48.21)	4	---	0.04
<b>Rebecca Harman (9) G</b>					
51.46S	B	F # 5A Girls 9-9 50 Fly	4	---	-4.29
42.36S	B	F # 9A Girls 9-9 50 Free	6	---	-0.86
48.30S	B	F # 14A Girls 9-9 50 Back	4	---	1.29
56.63S	B	F # 18A Girls 9-9 50 Breast	5	---	0.20
1:48.48S	B	F # 22A Girls 9-9 100 IM 54.44 1:48.48 (54.44) (54.04)	4	---	-2.59
<b>Charlie Hepworth (12) B</b>					
6:34.65S	P	F # 2D Boys 12-12 400 IM 44.72 1:39.52 2:26.53 3:15.35 4:12.12 5:08.93 5:53.50 6:34.65 (44.72) (54.80) (47.01) (48.82) (56.77) (56.81) (44.57) (41.15)	2	---	11.96
37.33S	G	F # 4D Boys 12-12 50 Back	1	---	-2.27
44.98S	G	F # 8D Boys 12-12 50 Breast	2	---	-0.33
1:24.42S	G	F # 12D Boys 12-12 100 IM 39.63 1:24.42 (39.63) (44.79)	2	---	-0.73

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3:04.30S	P	F # 13D Boys 12-12 200 IM 42.83 1:29.65 2:24.07 3:04.30 (42.83) (46.82) (54.42) (40.23)	4	---	-18.07
39.33S	G	F # 15D Boys 12-12 50 Fly	1	---	-5.21
1:26.26S	G	F # 17B Boys 12-12 100 Back 42.46 1:26.26 (42.46) (43.80)	4	---	1.98
33.92S	G	F # 19D Boys 12-12 50 Free	1	---	-3.22
1:39.09S	G	F # 21B Boys 12-12 100 Breast 47.70 1:39.09 (47.70) (51.39)	5	---	3.77
<b>Michelle Hepworth (9) G</b>					
3:26.36S	S	F # 3A Girls 9-9 200 IM 45.34 1:35.96 2:40.77 3:26.36 (45.34) (50.62) (1:04.81) (45.59)	2	---	-11.15
42.98S	S	F # 5A Girls 9-9 50 Fly	2	---	0.77
39.97S	S	F # 9A Girls 9-9 50 Free	1	---	0.94
43.80S	S	F # 14A Girls 9-9 50 Back	1	---	0.65
53.60S	B	F # 18A Girls 9-9 50 Breast	2	---	2.11
1:39.11S	S	F # 22A Girls 9-9 100 IM 43.36 1:39.11 (43.36) (55.75)	1	---	2.11
<b>Nathan Jones (12) B</b>					
1:09.47S	P	F # 6B Boys 12-12 100 Free 33.48 1:09.47 (33.48) (35.99)	2	---	1.39
1:24.84S	G	F # 10B Boys 12-12 100 Fly 38.61 1:24.84 (38.61) (46.23)	1	---	0.37
1:21.95S	G	F # 12D Boys 12-12 100 IM 38.21 1:21.95 (38.21) (43.74)	1	---	0.77
2:54.69S	P	F # 13D Boys 12-12 200 IM 40.71 1:23.26 2:17.86 2:54.69 (40.71) (42.55) (54.60) (36.83)	3	---	-1.10
<b>Matthew Laker (17) B</b>					
1:09.51S	P	F # 6F Boys 16 & Over 100 Free 33.97 1:09.51 (33.97) (35.54)	6	---	1.27
1:29.35S	G	F # 10F Boys 16 & Over 100 Fly 41.16 1:29.35 (41.16) (48.19)	1	---	5.28
2:56.47S	P	F # 13H Boys 16 & Over 200 IM 40.85 1:26.54 2:19.88 2:56.47 (40.85) (45.69) (53.34) (36.59)	1	---	-3.80
1:24.46S	P	F # 17F Boys 16 & Over 100 Back 41.73 1:24.46 (41.73) (42.73)	3	---	2.96
33.17S	G	F # 19H Boys 16 & Over 50 Free	7	---	1.44

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<b>Florence Mason (9) G</b>					
43.14S	B	F # 9A Girls 9-9 50 Free	7	---	1.25
49.99S	B	F # 14A Girls 9-9 50 Back	6	---	-0.20
57.65S	B	F # 18A Girls 9-9 50 Breast	6	---	-0.33
1:51.20S	B	F # 22A Girls 9-9 100 IM	7	---	-0.68
		54.79 1:51.20			
		(54.79) (56.41)			
<b>Luke Moore (9) B</b>					
48.23S	B	F # 4A Boys 9-9 50 Back	1	---	-3.50
54.67S	B	F # 8A Boys 9-9 50 Breast	5	---	-11.20
48.87S	B	F # 15A Boys 9-9 50 Fly	3	---	-13.50
40.31S	S	F # 19A Boys 9-9 50 Free	2	---	1.63
<b>Jacob Nash (11) B</b>					
41.62S	G	F # 4C Boys 11-11 50 Back	2	---	-4.49
1:14.22S	P	F # 6A Boys 11-11 100 Free	2	---	-3.49
		36.14 1:14.22			
		(36.14) (38.08)			
47.73S	G	F # 8C Boys 11-11 50 Breast	2	---	1.26
1:38.07S	S	F # 10A Boys 11-11 100 Fly	1	---	-2.21
		46.50 1:38.07			
		(46.50) (51.57)			
1:28.18S	G	F # 12C Boys 11-11 100 IM	3	---	-2.39
		42.42 1:28.18			
		(42.42) (45.76)			
3:16.20S	G	F # 13C Boys 11-11 200 IM	3	---	2.52
		45.17 1:36.01 2:34.08 3:16.20			
		(45.17) (50.84) (58.07) (42.12)			
41.37S	G	F # 15C Boys 11-11 50 Fly	1	---	1.07
36.23S	G	F # 19C Boys 11-11 50 Free	2	---	1.87
6:19.81S	G	F # 23C Boys 11-11 400 Free	2	---	10.40
		39.29 1:24.98 2:13.86 3:03.45 3:52.98 4:43.08 5:32.51 6:19.81			
		(39.29) (45.69) (48.88) (49.59) (49.53) (50.10) (49.43) (47.30)			
<b>Alice Wardley (12) G</b>					
38.89S	G	F # 5D Girls 12-12 50 Fly	1	---	-0.46
34.89S	G	F # 9D Girls 12-12 50 Free	4	---	-0.79
1:37.34S	G	F # 11C Girls 12-12 100 Breast	4	---	---
		46.78 1:37.34			
		(46.78) (50.56)			
38.64S	G	F # 14D Girls 12-12 50 Back	1	---	-0.98
1:17.99S	G	F # 16C Girls 12-12 100 Free	4	---	0.98
		37.08 1:17.99			
		(37.08) (40.91)			
43.95S	G	F # 18D Girls 12-12 50 Breast	1	---	-0.31
1:25.90S	G	F # 22D Girls 12-12 100 IM	3	---	-1.61
		1:25.90			
		(0.00) (1:25.90)			