

Worthing Swimming Club

Individual Meet Results

SER Age Group Championships 29-May-10 to 13-Jun-10 [Ageup: 13/06/2010] LC Meters

Sanction: L1 Location: K2, Crawley

Worthing SC [WORS]

Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
Harry Burnell (12) B					
1:06.89L	F # 103D	Boys 12-12 100 Free	21	---	2.17
	31.02	1:06.89			
	(31.02)	(35.87)			
3:08.65L	F # 106D	Boys 12-12 200 Breast	12	---	5.65
	42.94	1:31.07 2:20.44 3:08.65			
	(42.94)	(48.13) (49.37) (48.21)			
5:43.76L	F # 132D	Boys 12-12 400 IM	12	---	-1.24
	37.57	1:22.58 2:07.30 2:49.18 3:39.03 4:28.28 5:07.49 5:43.76			
	(37.57)	(45.01) (44.72) (41.88) (49.85) (49.25) (39.21) (36.27)			
2:28.21L	F # 221D	Boys 12-12 200 Free	28	---	2.91
	34.29	1:12.90 1:52.42 2:28.21			
	(34.29)	(38.61) (39.52) (35.79)			
2:42.58L	F # 224D	Boys 12-12 200 Back	14	---	3.88
	38.53	1:20.02 2:02.04 2:42.58			
	(38.53)	(41.49) (42.02) (40.54)			
2:41.59L	F # 301D	Boys 12-12 200 IM	14	---	0.59
	1:17.97	2:41.59			
	(1:17.97)	(1:23.62)			
5:12.00L	F # 331D	Boys 12-12 400 Free	29	---	8.50
	35.47	1:14.55 1:54.38 2:33.84 3:14.23 3:53.98 4:33.69 5:12.00			
	(35.47)	(39.08) (39.83) (39.46) (40.39) (39.75) (39.71) (38.31)			
1:15.63L	F # 334D	Boys 12-12 100 Back	11	---	2.23
	37.00	1:15.63			
	(37.00)	(38.63)			
10:33.34L	F # 402D	Boys 12-12 800 Free	18	---	9.44
	34.07	1:12.14 1:51.13 2:30.73 3:10.80 3:50.57 4:30.84 5:11.21			
	(34.07)	(38.07) (38.99) (39.60) (40.07) (39.77) (40.27) (40.37)			
	5:51.71	6:31.78 7:12.52 7:53.35 8:33.57 9:14.23 9:54.65 10:33.34			
	(40.50)	(40.07) (40.74) (40.83) (40.22) (40.66) (40.42) (38.69)			
1:27.34L	F # 413D	Boys 12-12 100 Breast	14	---	2.84
	41.35	1:27.34			
	(41.35)	(45.99)			
Ben Goddard (12) B					
3:09.40L	F # 106D	Boys 12-12 200 Breast	13	---	1.40
	40.15	1:28.92 2:19.34 3:09.40			
	(40.15)	(48.77) (50.42) (50.06)			
5:52.53L	F # 132D	Boys 12-12 400 IM	14	---	2.73
	36.86	1:22.78 2:09.79 2:54.68 3:43.96 4:33.55 5:14.34 5:52.53			
	(36.86)	(45.92) (47.01) (44.89) (49.28) (49.59) (40.79) (38.19)			
2:50.76L	F # 224D	Boys 12-12 200 Back	21	---	6.56
	40.14	1:24.64 2:09.64 2:50.76			
	(40.14)	(44.50) (45.00) (41.12)			
2:47.93L	F # 301D	Boys 12-12 200 IM	28	---	4.63
	36.76	1:20.57 2:10.02 2:47.93			
	(36.76)	(43.81) (49.45) (37.91)			
1:22.65L	F # 305D	Boys 12-12 100 Fly	21	---	5.85
	37.55	1:22.65			
	(37.55)	(45.10)			

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Time	F/P/S	Event	Place	Points	Improv
5:13.44L	F # 331D	Boys 12-12 400 Free	30	---	4.94
	34.93	1:13.60 1:54.71 2:34.28 3:14.92 3:55.45 4:35.54 5:13.44			
	(34.93)	(38.67) (41.11) (39.57) (40.64) (40.53) (40.09) (37.90)			
1:20.87L	F # 334D	Boys 12-12 100 Back	25	---	4.07
	41.49	1:20.87			
	(41.49)	(39.38)			
1:27.38L	F # 413D	Boys 12-12 100 Breast	15	---	-1.02
	41.42	1:27.38			
	(41.42)	(45.96)			
Joe Hazeldine (13) B					
1:04.80L	F # 103E	Boys 13-13 100 Free	31	---	1.20
	31.15	1:04.80			
	(31.15)	(33.65)			
2:53.89L	F # 106E	Boys 13-13 200 Breast	8	---	2.99
	39.67	1:24.53 2:09.79 2:53.89			
	(39.67)	(44.86) (45.26) (44.10)			
5:22.75L	F # 132E	Boys 13-13 400 IM	6	---	-5.75
	35.56	1:17.71 1:57.31 2:38.61 3:22.87 4:09.19 4:45.49 5:22.75			
	(35.56)	(42.15) (39.60) (41.30) (44.26) (46.32) (36.30) (37.26)			
18:56.33L	F # 201E	Boys 13-13 1500 Free	7	---	-12.20
	32.42	1:09.40 1:47.56 2:26.20 3:03.95 3:42.33 4:20.14 4:58.48			
	(32.42)	(36.98) (38.16) (38.64) (37.75) (38.38) (37.81) (38.34)			
	5:36.33	6:14.83 6:52.88 7:32.14 8:10.54 8:49.91 9:28.23 10:07.98			
	(37.85)	(38.50) (38.05) (39.26) (38.40) (39.37) (38.32) (39.75)			
	10:46.07	11:26.56 12:05.59 12:44.12 13:21.45 14:00.29 14:38.01 15:16.14			
	(38.09)	(40.49) (39.03) (38.53) (37.33) (38.84) (37.72) (38.13)			
	15:53.84	16:31.93 17:09.14 17:46.18 18:22.40 18:56.33			
	(37.70)	(38.09) (37.21) (37.04) (36.22) (33.93)			
2:18.24L	F # 221E	Boys 13-13 200 Free	19	---	3.04
	31.81	1:06.89 1:43.68 2:18.24			
	(31.81)	(35.08) (36.79) (34.56)			
2:36.93L	F # 224E	Boys 13-13 200 Back	19	---	4.43
	36.82	1:16.86 1:57.63 2:36.93			
	(36.82)	(40.04) (40.77) (39.30)			
2:34.47L	F # 301E	Boys 13-13 200 IM	13	---	1.67
	35.10	1:14.11 1:59.57 2:34.47			
	(35.10)	(39.01) (45.46) (34.90)			
4:43.15L	F # 331E	Boys 13-13 400 Free	10	---	-5.95
	32.18	1:07.31 1:43.42 2:19.40 2:56.08 3:32.44 4:08.05 4:43.15			
	(32.18)	(35.13) (36.11) (35.98) (36.68) (36.36) (35.61) (35.10)			
1:12.87L	F # 334E	Boys 13-13 100 Back	15	---	-0.13
	34.99	1:12.87			
	(34.99)	(37.88)			
9:37.93L	F # 402E	Boys 13-13 800 Free	5	---	-15.06
	31.80	1:06.59 1:42.40 2:19.01 2:55.18 3:31.59 4:08.00 4:44.70			
	(31.80)	(34.79) (35.81) (36.61) (36.17) (36.41) (36.41) (36.70)			
	5:21.29	5:58.81 6:35.57 7:12.57 7:49.23 8:26.19 9:02.40 9:37.93			
	(36.59)	(37.52) (36.76) (37.00) (36.66) (36.96) (36.21) (35.53)			

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1:19.61L	F # 413E 37.66 (37.66)	Boys 13-13 100 Breast 1:19.61 (41.95)	7	---	-0.19
Charlie Hepworth (12) B					
1:19.63L	F # 334D 40.18 (40.18)	Boys 12-12 100 Back 1:19.63 (39.45)	22	---	2.93
Michelle Hepworth (10) G					
1:24.95L	F # 133B 40.53 (40.53)	Girls 10-10 100 Back 1:24.95 (44.42)	5	---	-3.25
6:39.85L	F # 332B 42.81 (42.81)	Girls 10-10 400 IM 1:34.89 2:22.69 3:12.08 (52.08) (47.80) (49.39)	4	---	-6.35
				4:09.67 5:10.05 5:56.50 6:39.85 (57.59) (1:00.38) (46.45) (43.35)	
3:01.66L	F # 414B 40.90 (40.90)	Girls 10-10 200 Back 1:28.44 2:14.60 3:01.66 (47.54) (46.16) (47.06)	---	---	-4.52
Nathan Jones (12) B					
1:07.31L	F # 103D 31.95 (31.95)	Boys 12-12 100 Free 1:07.31 (35.36)	25	---	0.31
2:52.01L	F # 224D 41.25 (41.25)	Boys 12-12 200 Back 1:26.21 2:11.06 2:52.01 (44.96) (44.85) (40.95)	22	---	9.91
NS	F # 334D	Boys 12-12 100 Back	---	---	---