

SUSSEX COUNTY RELAY GALA 7th SEPTEMBER 2008 AT THE SOVEREIGN CENTRE, EASTBOURNE

Sunday 7th September saw not only the first competition of the new season but also some great successes to be proud of.

A squad of swimmers from Worthing Swimming Club totalling 16 teams representing the complete range of ages from 9 years old onward entered the Sussex County Relay Gala at the Sovereign Centre in Eastbourne.

Over 180 teams were out in force from all the top clubs in Sussex and the level of competition was extremely high, with many of those present competing at County and National level.

Overall, there were excellent swims from everyone who took part, resulting in the boys 9/10 years old 200m Medley team of Joshua Urben, Ben Goddard, Greg Earls & Harry Burnell reaching the event Final.

An hour later the same team swam their way into the 4x50m Freestyle Final and came away with a 5th place.

One of the 9/10 year old girls team of Sophie Quach, Rosie Scordoulis, Jodie Curtis & Rachel Fairs narrowly missed the Final of the 200m Medley by coming 7th in the heats.

Our 11/12 year old girls 4x50m Freestyle team of Karen Chan, Amy Quach, Charlotte Barnett & Lauren Meredith won the Gold for this event following one of the most exciting Finals seen in recent years, beating Shiverers by 0.33 sec with a time of 2:03.56. The Worthing team lead the Final from the start to an amazing finish, leaving behind Shiverers & 1066 to win the Gold medal.

Again, the same team reached the Final of the 200m Medley and finished in 4th place.



The 11/12 year old girls County 4x50m Relay Champions
Charlotte Barnett, Karen Chan, Amy Quach & Lauren Meredith

The 15/16 year old girls 200m Medley & 4x50m Freestyle team of Nichola Gatland, Natalie Smith, Sarah Blacker & Rachel Piper fought their way into both Finals and finished 4th for the Medley & 5th for the Freestyle.

Well done & congratulation to all those taking part in this Gala, this is a fantastic achievement for the teams attending and some of our younger swimmers were competing for the very first time. The event was very well attended by parents, officials & helpers of Worthing Swimming Club across the age groups and we would like to thank you all for your superb support.
See you next year.

For full list of results please visit the Worthing Swimming Club Web site at:
www.worthingswimmingclub.org