

Saturday 19th January 2008 @ Lancing College  
Training Session with

# Steve Parry



Athens 2004 Olympic Bronze medallist  
@ 200 Metres Butterfly

6 – 8 pm or 8 – 10 pm (See invitation for details)

**Swimmers by invitation only**

**All Spectators Welcome**

Just £8 per swimmer paid in advance and £1 per spectator paid on the day

Come and watch an Olympic medallist in action

Putting the disappointment of Mark Foster's non appearance behind us,  
with this visit from a true National Swimming hero.