Sussex League Round 1, King Alfred, Hove

Saturday 15/06/2013
Own Transport – Please meet at the venue.

Doors Open 6.15pm  Warmup 6.30pm  King Alfred Leisure Centre, Hove

Competing Teams: Worthing S.C, Lewes S.C, Bognor Regis

Selection List:

Under 12 Girls
Lily McCardle
Lucy Hirst
Isobel Gee
Katie Davison
Caitlin Silk

Under 14 Girls
Michelle Hepworth
Holly Stoner
Annah Bowles
Lauren McIlrath
Petrina Marsh

Under 16 Girls
Jodie Curtis
Anna Hartnell
Gemma Coulson
Hannah Urben
Daisy Hazeldine
Eleanor Hirst

Open Girls
Alice Wardley

Under 12 Boys
Oscar Silk
Thomas Day
Richard Rempel
Elijah Akehurst
Faris Khallouqi

Under 14 Boys
Elliott Moore
Archy Burnell
Ben Curtis
Dima Parfoot

Under 16 Boys
Joshua Urben
Robert Scott
Ellis Bubb
Jacob Nash

Open Boys
Joe Hazeldine
Stephen Hirst

Ages as at 6th July 2013

Congratulations on being selected for the 1st round of the Sussex League, the 2nd round is at Arun Leisure Centre on 29th June 2013 and the 3rd round is our home Gala at Splashpoint on July 13th 2013. Please try to be available for all 3 Galas in case selected, so that we can attend with the most competitive team possible. Selection for the 2nd Gala will be based on performances from the 1st Gala with the team announced on 16th June.

Chris Luesley, Head Coach, Worthing Swimming Club