

22ND JANUARY ST BEDES SUSSEX LEAGUE ROUND 1

GALA REPORT

After the initial logistic nightmare of selecting two teams to compete on the 22nd January the Team sat back on the coach to travel to ST Bedes in the hope of getting off to a good start in this years Sussex League.

We arrived 15 minutes early well 15 minutes in the car park where we got stuck for those 15 minutes waiting to get off when Peter demonstrated his ability to turn a 30 foot long coach round on a sixpence while arriving swimmers watched on. Yes Worthing had arrived.

The pool water was freezing witnessed by many a swimmer with blue lips and the poolside was cramped.

Worthing were drawn in lane 2 and 5 and got off to a flying start and the evening continued in the same style. Many fantastic swims were produced and a lead was developing .The judging became fierce and it felt that all eyes were on Worthing. It seemed a long time before we heard any points scores announced however this was not a concern as many of our Green Hats were coming in first and second. In fact on the night we had 29 first places supported with 31 second places. I am very grateful of all who swim for Worthing however I must mention my daughter Emma who travelled back from University to compete in the 100m Butterfly with minimal training as I was hoping to secure our majority of points in the lower age groups without too much swimming up and with a real gutsy swim secured a win supported by Florence in third place.

Thank you to Holly for standing in last minute and for Archy and Sophie for swimming up along with all others that do on a regular basis.

I am very proud of what we have achieved in the first round with a fantastic win with 417 points which was 103 points ahead of second place. With two more rounds to go we are off to a good start just keep up the training. Thank you to all swimmers for making it another great evening for Worthing.

GO GREEN ARMY.

Many thanks again.

Nic Piper

Head Coach
Worthing Swimming Club