



## **Atlantis Regional / National Chaser 2013**

Sunday 10th February 2013, Pavilions in the Park, Horsham

Worthing had 11 swimmers in attendance at this Open Meet, which was the final opportunity for swimmers to try and gain County Qualifying times for 2013, and an ideal opportunity to obtain Regional times.

Worthing swimmers secured 13 personal bests on the day out of 18 swims.

These licensed times count towards Counties and Regionals in 2013 and also give swimmers a chance to practice events that they already have County times in.

8 of these swims were in County Qualifying times in their respective age groups, not counting races in which swimmers had already achieved a time, but went faster today.

These were by: Oscar Silk 3, Jacob Nash 2, Talisa-Mae Marsh 1, Elliott Moore 1,  
Lily McCardle 1

3 Swimmers won races in events in their age groups. These were Michelle Hepworth in 200 Freestyle and 50 Backstroke in Girls 12 years age group and Lily McCardle in the gruelling 200 Butterfly in the 10 Years Age Group.

### Squad in Full :

Oscar Silk, Isabel Robinson, Talisa-Mae Marsh, Ben Curtis, Elliott Moore, Jacob Nash, Petrina Marsh, Lily McCardle, Lauren McIlrath, Michelle Hepworth, Charlie Hepworth

Congratulations to all swimmers who swam in today's Open Meet.

I would like to thank Charles Silk, who looked after our swimmers during sessions 1 and 2.

If you are a swimmer aged 9 and over and would like to compete, please ask about Open Meets and come and join our team in future Open Meets.

Chris Luesley, Temporary Head Coach and Swimming Secretary.