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## Karen Pickering Swim Clinic 3<sup>rd</sup> April 2012



On 3<sup>rd</sup> April 2012, a number of Worthing swimmers took part in a swim clinic at Wadurs pool, organised by Southern Water and run by former Olympic Swimmer Karen Pickering. The session lasted 2 hours and involved technique training, photo's with Karen and the chance to ask a former Olympian about her years of swimming.

Charlie Hepworth, Michelle Hepworth, Nicholas Savill, Archy Burnell, Elliott Moore, Luke Moore, Ethan Burgess, Oscar Silk, William Clark, Lily McCardle, Ben Curtis, Jodie Curtis.



Karen Pickering led the Clinic



Wadurs Swimming Pool staff held the event