

Worthing Championships

As the second Saturday finished it was great to see our swimmers working hard to achieve their goals. These goals could be for many reasons from, to beat their personal best time, get County entry times or even just finish as many were competing for the first time.

Looking over the results over the two weekends I was drawn to the high number of personal best times. This resulted in the following statistics. Of all the 375 approx swims by all the swimmers all were personal best times apart from 40. Of the 40, 18 swimmers do not undertake regular training at Worthing which leaves 22. Of the 22 I can understand fully the reasons which prevented a personal best time. This equals a success rate of 93% this fantastic result for the club.

Another high on 22nd October with the help of a mathematical calculation as we have a 33m pool was the Boys 100m Freestyle event. Both Joe Hazeldine and Charlie Hepworth have been training hard and were intending to push the boundaries of Worthing swimming Club by taking their swimming to under 1 minute for a 25m pool and a new club record was set by Charlie for 14 years Boys 100m. Both swimmers showed outstanding sportsmanship and are a credit to the club, well done boys.

Not to be out done in the girls Michelle Hepworth set a new record in the 100m Butterfly, Isabel Robinson set a new record in the 33m Freestyle. Karen Chan in the 100m Freestyle and Caitlin Silk in the 33m Backstroke.

Well done to all who made County Qualifying times especially Ellis Bubb.

With several event best times as well these age groups under the guidance of the officials have been a great success for Worthing Swimming Club.

Thank you to all who gave up their time to help from handing out drinks, taking swimmers times, whipping, officiating and above all the swimmers for working hard.

With all the now current times I will go back and look at the lanes to make sure I have captured the ability levels correctly and also I will now be able to select the team for the next round of the Arena league.

Well done to all.

Nic Piper

Head Coach

Worthing Swimming Club