



Tom Handley 2013 Open Meet Results

Saturday and Sunday 12 /13th January 2013, Prince Regent Centre, Brighton

Worthing had 14 swimmers in attendance at this Open Meet, which was another opportunity for swimmers to try and gain County or Regional Qualifying times for 2013.

Worthing swimmers secured 24 personal bests over the weekend, in 33 races.

These licensed times count towards the Counties and Regionals in 2013 and give a swimmer an idea of how they are progressing with 5 swimmers gaining quicker times in events they have already qualified in for the Counties.

11 swims were in County Qualifying times in their respective age groups, not counting races in which swimmers had already achieved a time.

These were by: Jacob Nash 2, Oscar Silk 2, Holly Stoner 1, Lilly McCardle 1, Ethan Burgess 1, Ellis Bubb 1, Joe Hazeldine 1, Elliott Moore 1, Alex Standing 1.

Squad in Full :

Lilly McCardle, Michelle Hepworth, Holly Stoner, Daisy Hazeldine, Gemma Coulson, Ethan Burgess, Joe Hazeldine, Oscar Silk, Ellis Bubb, Jacob Nash, Charlie Hepworth, Elliott Moore, Alex Standing, Joshua Coulson.

Congratulations to all swimmers who swam in the Open Meet over the weekend. I would also like to thank Dave Chan, who supported the team on poolside throughout the weekend.

Meanwhile, over in Portsmouth, Ben Curtis swam a fantastic 6min 01.55 in the gruelling 400 metres individual Medley to gain himself another County time – Well Done Ben.

Chris Luesley,

Temporary Head Coach and Swimming Secretary.